

BREAKFAST/LUNCH MENU

WEEK OF OCTOBER 12, 2020 – OCTOBER 16, 2020

	<i>BREAKFAST</i>	<i>LUNCH</i>
Monday 10/12/20	INDIGENOUS PEOPLES HOLIDAY NO SCHOOL	
Tuesday 10/13/20	Pancakes Fresh Fruit Juice/Milk	Pulled Pork/WG Bun Baby Carrots Fruit/Milk
Wednesday 10/14/20	Cereal/Bagel Fresh Fruit Juice/Milk	Spaghetti/Sauce/Cheesy Breadsticks Cucumbers Fruit/Milk
Thursday 10/15/20	Omelets WG Bread Juice/Milk	Chicken Divan Green Beans/Garbanzo Beans Fruit/Milk
Friday 10/16/20	Cereal/WG Bread Fresh Fruit Juice/Milk	Ham Sandwich/WG Bread Celery/Baby Carrots/Baked Chips Fruit/Milk

Valley’s home soccer games and cross-country meets are going to be live streamed on the Valley Cavalier Sports Facebook page.

**Menu subject to change without notice.
“M.S.A.D. #13 is a tobacco free environment.”*

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