

RSU 83/M.S.A.D. #13 (Bingham, Moscow) – www.sad13.org
BREAKFAST/LUNCH MENU
WEEK OF JANUARY 27, 2020 – JANUARY 31, 2020

	<i>BREAKFAST</i>	<i>LUNCH</i>	<i>ACTIVITIES</i>
Monday 1/27/20	Cereal/Toast	Chicken/Gravy/WG Bread Mashed Potato/Peas Salad Bar/Pineapple Tidbits	
Tuesday 1/28/20	Eggs/Sausage Cereal/Toast	Hamburgers/WG Bun Green Beans Salad Bar/Diced Pears	JVBB @ Buckfield 4:00 VBB @ Buckfield 5:30/7:00
Wednesday 1/29/20	Cereal/Toast	Chili/Shredded Cheese Red Kidney Beans Dark Green Salad/WG Crackers Salad Bar/Diced Peaches	Sophomore Class to SCTC. EARLY RELEASE – Dismissal 11:30
Thursday 1/30/20	Pancakes Cereal/Toast	Chicken Noodle Casserole WG Bread/Diced Carrots Salad Bar/Applesauce	VBB (H) Jackman 5:00/6:30
Friday 1/31/20	Cereal/Toast	Ham & Cheese Sandwich WG Bread/Celery Salad Bar/Apples	VBB v Seacoast Christian @ CMCC 4:00/5:30
Saturday 2/1/20			

**Menu subject to change without notice.*
Milk Choices are offered with every breakfast and lunch meal.
Juice and Fresh Fruit served daily with all breakfast meals.
Peanut butter and jelly as an alternative lunch at all schools.
“M.S.A.D. #13 is a tobacco free environment.”

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